

Weddings, Packages and Parties

Lunch Time Specials – For those who have a busy day and limited time to spend on treatments we have tailored many treatments to fit in with lunch hours. Nails, Waxing, Eyebrows, nail paints etc. can all be done in a lunch time session. Call us and we will ensure you get what you need when you need it!

Our Sundowner – Why not try our fabulously relaxing Sundowner – a 40 minute massage with a drink of your choice to start with – this can be a glass of wine, a gin and tonic or simply a cup of tea! **40 mins – £35 – from 4.00 pm to 7.00 pm Monday to Friday. Perfect after a busy day at work or to start of a wonderful stay in Chester!**

Our Chester Races Specialities – Pre Race Warm up

– £65 (Day before) – Facial plus neck, back and shoulders massage or shape and paint fingers and toes – **1hr 15 mins**

Under Starters orders – £35 (on Race Day) – Full glamour make up that will last until you (finally) get home with your winnings! Plus shape and paint fingers or toes – **1 hr.**

First Past the Post – £45 (Day after) – Lovely de-toxing and exfoliating Back and Beyond Massage, plus soothing Indian Head Massage – **1 hr**

Weddings

The Secret Sanctuary Specialises in Weddings – providing make up, hair and hen and pamper evenings for bride and guests. Please visit our website for full information on all our wedding services plus some great testimonials or ask for one of our wedding brochures.

Pamper and Hen Parties

Enjoy a wonderful afternoon or evening of fun, glamour and beauty! A choice of two treatments available to each person including facials, shape and paint fingers and toes and neck, back and shoulder massage etc – **£30.00 per person – 3 or more people**

You can of course have pamper and hen bookings tailored to your own individual requirements.



at
Abode
CHESTER

*Luxurious and Relaxing
Beauty Treatments*

Open 7 days a week

Telephone: 0845 880 3080
Email: info@secret-sanctuary.co.uk
www.secret-sanctuary.co.uk

Abode Hotel, Chester, accepts no liability whatsoever for any allergic reaction to products used by The Secret Sanctuary, injury or accident caused by their activities whilst on our premises. The Secret Sanctuary are fully covered by their own Comprehensive Insurance for Employers Liability, Public Liability and Treatment Risk through Aviva Insurance.

Relax, look good and feel fabulous

The Secret Sanctuary is delighted to offer a wide range of beauty treatments within this elegant, modern hotel overlooking the stunning Chester Racecourse. Our Salon is on the first floor, next to the Gym and is open to both Residents and non-Residents alike.

Perfect for enhancing your stay in Chester and also ideally situated for popping in during a lunch break, relaxing with us when you have more time or indulging in an evening with the Girls! Don't forget also the fabulous Michael Caines Restaurant – what about a lovely treatment, then a wonderful meal!

All our Specialist treatments are designed to relax and pamper – using beautifully aromatic and luxurious Pinks Boutique products, only available in the most exclusive salons and spas and specially chosen for their purity and organic nature.

Fabulous Organic Facials

Skin Specific Facial – Restoring the your skin's balance using only natural ingredients, herbs, essential oils and anti oxidants to promote clear, hydrated radiant skin. Combining cleansing, deep cleanse, exfoliation, relaxing face, neck and shoulder massage, finishing with a mask specific to your skin type. **45 mins – £40**

Anti Ageing Facial – Using super-charged rosehip, scientifically proven to aid with signs of ageing, wrinkles and sun damage. Concentrating not just on your face, but other important areas – your back, neck and chest area. The organic processing of our products ensures that the vitamins and minerals are not destroyed and you receive a relaxing experience which does work! **1 hr – £60**

Pinks Signature Facial – Truly an exquisite experience. Cleansing, deep cleansing, exfoliation and massage to upper back, face and décolleté. Each stage is a sensory delight – deliciously scented with either fresh restorative Lemon Grass and Mandarin, or the powerful anti-oxidant Japanese Ocha – plus so much more – leaving you fully refreshed and rejuvenated. **90 mins – £80**

Gift Vouchers

Beautiful Secret Sanctuary
gift vouchers available



from
£25

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Organic Massage

Neck, back and shoulders – a wonderfully relaxing massage where you need it most. **30 mins – £30**

Indian head massage – an invigorating and revitalising treatment focussing on neck, shoulders, scalp and face. **30 mins – £30**

Full body massage – to relax you physically and mentally – a deeply moisturising massage. **60 mins – £55**

Hot stone massage – the ancient art of using volcanic stones for a deeper massage. Incredibly soothing and relaxing – the ultimate de-stresser!

Hot stone full body – **1hr 15mins – £60**

Hot stone neck, back and shoulders – **45mins – £35**

Organic Body

Back and beyond – smoothing and detoxifying back exfoliation finished with a deeply moisturising massage. **45 mins – £40**

Body delight – organic sugar based lemon grass scrub exfoliates the whole body, followed by a moisturising massage. **50 mins – £55**

Body Wraps

Guam seaweed cellulite mudwrap – this celebrated patented formula is proven to reduce cellulite and water retention – it increases circulation helping to drain toxins, improving the skin's appearance. One will make a difference, a course of three will give a more permanent result. Treatment includes a deeply relaxing scalp massage.

Hip and thighs – 45 mins – £35

Full body – 1hr 10 mins – £60

Course of three Full Body – £150

Glamour

Professional make up – perfect for that Special Occasion and Chester Races! Our professional make up artist will create your ideal look and one which will last all day or night – **from £20**

Strip lashes – available for an extra **£6**

Semi permanent lash extensions – have the perfect flutter for up to three weeks! **Full Set – 1hr – £45**

Half Eye or maintenance – 30mins – £25

Hair up and blow dry – advance bookings only – **£35**

Nail Care

Luxury Manicure – Full care of your nails and cuticles using Pink Boutique Products. Treatment includes hand soak, luxurious hand and arm massage and finished with a polish of your choice.

1 hr – £30

Luxury Pedicure – After a warm foot spa – your legs and feet will be exfoliated, then massaged with our fabulous Pinks Boutique products. Dry skin will be removed followed by full care of your toenails and cuticles. Finished with a polish of your choice.

1 hr – £35

Express Manicure and Pedicure – cuticle care and shape and paint both fingers and toes. **1 hr – £30**

Gelish Nails – An amazing 14 day plus manicure. A nail varnish that acts like gel or acrylic, but will not harm your nails.

Luxury gelish manicure or pedicure – includes exfoliation of hands and arms and rejuvenating massage using organic oils.

50 mins – £35 manicure £40 pedicure

NSI Gel nail extensions – the kinder way to add length to your nails. **Full Set – £35 Backfill – £15**

Waxing

Eyes

Full Leg	£25	Brow Shape	£10
Half Leg (to above knee)	£15	Brow Tint*	£7
Bikini	£15	Brow Tint & Shape*	£15
Full Leg and Bikini	£30	Eyelash Tint*	£15
Underarms	£10	Brow & Lash Tint*	£20
Facial	£7	*All tinting require Patch Test	

Threading

An ancient art of Hair Removal using only cotton. Threading is a precise, hygienic and almost pain-free way to remove unwanted hair without chemicals or skin damage.

Brows £10, Lip and chin £10, Whole face £20

St Tropez Tanning

Half Body – expertly applied bronzed and luxurious tan **30 mins – £15**

Full Body – look bronzed and gorgeous for that special event **45 mins – £20**

Something for Him

Facial – Includes exfoliation, massage and mask to promote smooth and healthy skin. **45 mins – £40**

Manicure – To leave cuticles and nails buffed and perfect. **30 mins – £25**

Neck, back and shoulder massage – a strong massage to relax and ease overworked muscles. **30 mins – £30**

Brow Shape £10, Back & Shoulder Wax £20, Chest Wax £15